

Location: **Northwest YMCA**
259 Prospect Street
Torrington, CT 06790

Phone: (860) 489-3133
Fax: (860) 482-4853

DIRECTIONS from the South



Merge onto I-84 E toward WATERBURY.



Merge onto CT-8 N via EXIT 20 toward TORRINGTON. 19.6 miles



Take the CT-202 exit- EXIT 44- toward CT-4 / DOWNTOWN TORRINGTON. 0.2 miles



Turn LEFT onto E MAIN ST / US-202. 0.6 miles



Turn SHARP RIGHT onto MAIN ST. 0.2 miles



Turn LEFT onto MASON ST. <0.1 miles

The YMCA will be directly in front of you at the top of Mason Street.

Go through the light and parking is available in the elementary School lot on the right as well as parking in the rear of the YMCA on the left just past the Y.

Easiest to enter through glass double doors on SIDE of building near the parking lots – go downstairs to pool and locker rooms, upstairs to spectator viewing.