

# Mako Swimmers Code of Conduct

THE CODE OF CONDUCT GOVERNS PARTICIPANTS IN THE MAKO SWIM TEAM PROGRAM AT ALL TIMES, INCLUDING PRACTICES, MEETS, AND ANY TEAM ACTIVITY.

## SWIMMERS WILL:

1. **Respect Coaching staff.** Look at your coach when he or she is speaking. Any disagreements with a coach should be addressed in private before or after practice. Speak positively about the program and take pride in being a Mako. Remember the younger kids look up to you and will follow your behavior. Without respect we cannot function as an excellent program.
2. **Attend at least 80% of all recommended practices in order to compete in any championship meet.** The swimmer should not take his/her participation in this sport lightly. To be successful, the swimmer must make a commitment to the program, to the coaching staff, and to the other members of the team. Excused absences will be given in the event of illness, school activities, dr. appointments, etc., when notified via email, phone, or paper.
3. **Be on Time.** Swimmers must be on deck prepared to begin swimming at the time practice is scheduled to start. Any tardiness beyond the scheduled start of practice will require some form of communication from a parent, guardian, or teacher. In the event that a swimmer comes on deck past the scheduled start of practice without the above communication he/she may not be allowed to swim and will be charged with an unexcused absence. Arrival at meets later than the scheduled check in time may lead to the swimmer being scratched from the meet. Arrange your schedule so that you have plenty of time to get to the meet on time.
4. **Wear team suits, caps and designated uniform at all competitive events.**
5. **Engage in sportsmanlike behavior.** Sportsmanship is required at all times. Including behavior at practices, meets, locker rooms, on deck, and in public areas inside and outside of facilities being used. Sportsmanship is demonstrated by respectful behavior toward coaches, officials, parents, teammates, and other swimmers. No profanity, snapping towels, vulgar or crude jokes, etc...

## VIOLATIONS OF THE SWIMMERS CODE:

Sanctions shall be determined by the coaching staff and may include one or more of the following:

1. A written warning from the coaching staff to the swimmer and parents.
2. Swimmer being scratched from meet.
3. Swimmer being sent home from a meet or practice at his/her expense.
4. Swimmer being suspended from some or all team activities until the swimmer and his/her parents meet with the coaching staff.
5. Swimmer being terminated from the team.

I hereby agree to abide by the rules of conduct set forth in the above document and acknowledge that I am subject to disciplinary action as set forth above.

Parents Signature \_\_\_\_\_

Date: \_\_\_\_\_

Swimmers Signature \_\_\_\_\_

Date \_\_\_\_\_