

Western CT YMCA Mako Swim Team [WCYM-CT]

Time	P/F/S	Event
Jessica Bieber (14) F		
34.95L	F 0.11	50 Free 7/17/2009 2009 LC 13-18 Regional Championship
1:19.15L	F 2.18	100 Free 7/17/2009 2009 LC 13-18 Regional Championship
2:51.78L	F -0.96	200 Free 7/17/2009 2009 LC 13-18 Regional Championship
6:00.20L	1:24.55 1:27.23 F -12.28	400 Free 7/17/2009 2009 LC Regional Championship Friday
1:36.52L	1:23.83 1:32.11 F 1.42	100 Back 7/17/2009 2009 LC 13-18 Regional Championship
3:21.21L	F 0.56	200 Back 7/17/2009 2009 LC 13-18 Regional Championship
	1:38.32 1:42.89	
Anna Brown (12) F (Yr: MS)		
34.68L	F 1.02	50 Free 7/17/2009 2009 12/U LC Regional Championship
1:15.17L	F	100 Free 7/17/2009 2009 12/U LC Regional Championship
2:54.33L	35.29 39.88 F 2.55	200 Free 7/17/2009 2009 12/U LC Regional Championship
DQ	40.27 45.14 F	50 Breast 7/17/2009 2009 12/U LC Regional Championship
1:48.36L	F 3.24	100 Breast 7/17/2009 2009 12/U LC Regional Championship
DQ	51.34 57.02 F	200 IM 7/17/2009 2009 12/U LC Regional Championship
	47.47 49.14	59.06 46.74
Rachel Brown (11) F (Yr: MS)		
35.69L	F -0.13	50 Free 7/17/2009 2009 12/U LC Regional Championship
43.48L	F 0.83	50 Back 7/17/2009 2009 12/U LC Regional Championship
1:36.46L	F -15.46	100 Back 7/17/2009 2009 12/U LC Regional Championship
3:21.12L	46.77 49.69 F 2.30	200 Back 7/17/2009 2009 12/U LC Regional Championship
42.30L	48.76 51.49 F -0.65	50 Fly 7/17/2009 2009 12/U LC Regional Championship
3:25.46L	F -0.55	200 IM 7/17/2009 2009 12/U LC Regional Championship
	46.02 49.98	1:06.70 42.76
Noah Burhance (11) M		
39.30L	F 1.68	50 Free 7/17/2009 2009 12/U LC Regional Championship
1:26.59L	F 1.39	100 Free 7/17/2009 2009 12/U LC Regional Championship
3:11.14L	42.61 43.98 F 2.17	200 Free 7/17/2009 2009 12/U LC Regional Championship
1:46.52L	44.17 51.76 F 1.74	100 Back 7/17/2009 2009 12/U LC Regional Championship
52.13L	52.87 53.65 F -2.53	50 Breast 7/17/2009 2009 12/U LC Regional Championship
1:54.97L	F -3.96	100 Breast 7/17/2009 2009 12/U LC Regional Championship
	54.03 1:00.94	
Nicholas Carlsen (14) M		
2:17.98L	F -5.57	200 Free 7/17/2009 2009 LC 13-18 Regional Championship
10:08.93L	1:07.93 1:10.05 F	800 Free 7/17/2009 2009 LC 13-18 Regional Championship
19:27.99L	1:11.26 1:17.88 F	1500 Free 7/17/2009 2009 LC 13-18 Regional Championship
1:18.25L	1:13.20 1:19.12 F -3.04	100 Back 7/17/2009 2009 LC 13-18 Regional Championship
2:42.57L	1:18.67 1:18.32 F -10.80	200 IM 7/17/2009 2009 LC 13-18 Regional Championship
	1:17.49 1:25.08	

Time	P/F/S	Event			
Nicholas Carlsen (14) M					
5:48.13L	F -27.02	400 IM			7/17/2009 2009 LC Regional Championship Friday
	1:16.78 1:32.31	1:45.64 1:13.40			
Megan Contarino (12) F (Yr: MS)					
33.28L	F 0.74	50 Free			7/17/2009 2009 12/U LC Regional Championship
1:15.11L	F -5.48	100 Free			7/17/2009 2009 12/U LC Regional Championship
	36.01 39.10				
2:44.59L	F -19.89	200 Free			7/17/2009 2009 12/U LC Regional Championship
	38.22 42.06	42.90 41.41			
1:25.29L	F -5.85	100 Back			7/17/2009 2009 12/U LC Regional Championship
	41.00 44.29				
46.07L	F -2.38	50 Breast			7/17/2009 2009 12/U LC Regional Championship
39.54L	F 1.79	50 Fly			7/17/2009 2009 12/U LC Regional Championship
Devon D'Agosta (14) M					
31.15L	F 1.38	50 Free			7/17/2009 2009 LC 13-18 Regional Championship
1:07.54L	F 0.67	100 Free			7/17/2009 2009 LC 13-18 Regional Championship
1:19.89L	F 1.37	100 Back			7/17/2009 2009 LC 13-18 Regional Championship
1:26.15L	F -1.41	100 Breast			7/17/2009 2009 LC 13-18 Regional Championship
3:08.95L	F -4.77	200 Breast			7/17/2009 2009 LC 13-18 Regional Championship
	1:30.72 1:38.23				
2:49.75L	F -3.89	200 IM			7/17/2009 2009 LC 13-18 Regional Championship
	1:23.69 1:26.06				
Tara Dawley (15) F (Yr: HS)					
32.21L	F 1.17	50 Free			7/17/2009 2009 LC 13-18 Regional Championship
1:10.58L	F 2.12	100 Free			7/17/2009 2009 LC 13-18 Regional Championship
2:34.05L	F 5.49	200 Free			7/17/2009 2009 LC 13-18 Regional Championship
	1:13.19 1:20.86				
Colin Decker (11) M					
1:13.99L	F -1.91	100 Free			7/17/2009 2009 12/U LC Regional Championship
	35.69 38.30				
2:49.04L	F -3.35	200 Free			7/17/2009 2009 12/U LC Regional Championship
	39.76 47.17	44.16 37.95			
1:33.50L	F 3.46	100 Back			7/17/2009 2009 12/U LC Regional Championship
	46.17 47.33				
3:14.11L	F -5.27	200 IM			7/17/2009 2009 12/U LC Regional Championship
	40.38 51.26	1:02.29 40.18			
George Delia (16) M (Yr: HS)					
1:21.27L	F	100 Back			7/17/2009 2009 LC 13-18 Regional Championship
1:17.03L	F 3.52	100 Fly			7/17/2009 2009 LC 13-18 Regional Championship
Erica Dembowski (14) F (Yr: HS)					
36.37L	F 1.19	50 Free			7/17/2009 2009 LC 13-18 Regional Championship
1:17.51L	F 0.83	100 Free			7/17/2009 2009 LC 13-18 Regional Championship
1:28.03L	F 4.95	100 Back			7/17/2009 2009 LC 13-18 Regional Championship
3:09.22L	F 10.94	200 Back			7/17/2009 2009 LC 13-18 Regional Championship
	1:32.70 1:36.52				
1:38.77L	F 7.58	100 Fly			7/17/2009 2009 LC 13-18 Regional Championship
3:12.65L	F 7.17	200 IM			7/17/2009 2009 LC 13-18 Regional Championship
	1:30.08 1:42.57				
Conor Donnelly (16) M (Yr: HS)					
1:11.84L	F -0.14	100 Fly			7/17/2009 2009 LC 13-18 Regional Championship
James Dunn (15) M (Yr: HS)					
1:01.31L	F 0.97	100 Free			7/17/2009 2009 LC 13-18 Regional Championship
2:24.82L	F 0.37	200 Free			7/17/2009 2009 LC 13-18 Regional Championship
	1:11.44 1:13.38				

Time	P/F/S	Event
James Dunn (15) M (Yr: HS)		
1:24.57L	F 5.87	100 Back 7/17/2009 2009 LC 13-18 Regional Championship
Stephanie Ferrarie (13) F (Yr: MS)		
33.05L	F 0.34	50 Free 7/17/2009 2009 LC 13-18 Regional Championship
1:13.53L	F -0.70	100 Free 7/17/2009 2009 LC 13-18 Regional Championship
2:37.08L	F -0.97	200 Free 7/17/2009 2009 LC 13-18 Regional Championship
1:17.56	1:19.52	
1:38.76L	F 2.42	100 Breast 7/17/2009 2009 LC 13-18 Regional Championship
Travis Golino (18) M		
31.60L	F 1.89	50 Free 7/17/2009 2009 LC 13-18 Regional Championship
1:10.76L	F 1.30	100 Free 7/17/2009 2009 LC 13-18 Regional Championship
2:38.97L	F 7.77	200 Free 7/17/2009 2009 LC 13-18 Regional Championship
1:16.41	1:22.56	
1:22.90L	F -7.04	100 Back 7/17/2009 2009 LC 13-18 Regional Championship
1:28.76L	F 0.24	100 Breast 7/17/2009 2009 LC 13-18 Regional Championship
2:54.45L	F -4.04	200 IM 7/17/2009 2009 LC 13-18 Regional Championship
1:23.59	1:30.86	
Adam Harrison (13) M		
30.78L	F -0.38	50 Free 7/17/2009 2009 LC 13-18 Regional Championship
2:38.66L	F 4.67	200 Free 7/17/2009 2009 LC 13-18 Regional Championship
1:17.17	1:21.49	
5:21.13L	F -9.74	400 Free 7/17/2009 2009 LC Regional Championship Friday
1:15.45	1:22.63	1:23.56 1:19.49
1:24.10L	F 1.10	100 Back 7/17/2009 2009 LC 13-18 Regional Championship
1:38.61L	F 0.12	100 Breast 7/17/2009 2009 LC 13-18 Regional Championship
3:05.14L	F 1.18	200 IM 7/17/2009 2009 LC 13-18 Regional Championship
1:29.46	1:35.68	
Maggie Heaton (15) F (Yr: HS)		
31.45L	F 0.89	50 Free 7/17/2009 2009 LC 13-18 Regional Championship
2:58.25L	F 5.51	200 IM 7/17/2009 2009 LC 13-18 Regional Championship
1:24.67	1:33.58	
Christopher Lafky (11) M		
41.49L	F 3.71	50 Free 7/17/2009 2009 12/U LC Regional Championship
1:26.74L	F 0.06	100 Free 7/17/2009 2009 12/U LC Regional Championship
42.87	43.87	
3:12.42L	F 3.59	200 Free 7/17/2009 2009 12/U LC Regional Championship
45.43	48.29	52.00 46.70
50.63L	F -4.90	50 Breast 7/17/2009 2009 12/U LC Regional Championship
1:49.23L	F -3.40	100 Breast 7/17/2009 2009 12/U LC Regional Championship
50.35	58.88	
3:43.25L	F -27.79	200 IM 7/17/2009 2009 12/U LC Regional Championship
51.69	1:00.36	1:01.64 49.56
Michael Lally (12) M		
35.64L	F 1.19	50 Free 7/17/2009 2009 12/U LC Regional Championship
1:16.11L	F 0.93	100 Free 7/17/2009 2009 12/U LC Regional Championship
37.21	38.90	
2:42.02L	F -2.72	200 Free 7/17/2009 2009 12/U LC Regional Championship
37.18	42.35	42.08 40.41
44.72L	F -4.02	50 Back 7/17/2009 2009 12/U LC Regional Championship
1:34.79L	F -10.59	100 Back 7/17/2009 2009 12/U LC Regional Championship
46.45	48.34	
3:04.64L	F -2.39	200 IM 7/17/2009 2009 12/U LC Regional Championship
45.76	48.94	49.96 39.98
Robert Linden (13) M		

Time	P/F/S	Event
Robert Linden (13) M		
30.21L	F 0.46	50 Free 7/17/2009 2009 LC 13-18 Regional Championship
1:06.88L	F 1.34	100 Free 7/17/2009 2009 LC 13-18 Regional Championship
2:27.78L	F -3.19	200 Free 7/17/2009 2009 LC 13-18 Regional Championship
5:05.50L	F -6.58	400 Free 7/17/2009 2009 LC Regional Championship Friday
1:16.94L	F -3.53	100 Back 7/17/2009 2009 LC 13-18 Regional Championship
1:31.91L	F 0.92	100 Breast 7/17/2009 2009 LC 13-18 Regional Championship
2:49.23L	F -0.14	200 IM 7/17/2009 2009 LC 13-18 Regional Championship
1:20.80	1:28.43	
Kelsey Linstrum (16) F (Yr: HS)		
1:08.87L	F 2.30	100 Free 7/17/2009 2009 LC 13-18 Regional Championship
2:27.27L	F 0.68	200 Free 7/17/2009 2009 LC 13-18 Regional Championship
1:25.98L	F 4.25	100 Back 7/17/2009 2009 LC 13-18 Regional Championship
Nicholas Miller (13) M (Yr: MS)		
29.80L	F -0.11	50 Free 7/17/2009 2009 LC 13-18 Regional Championship
9:59.35L	F	800 Free 7/17/2009 2009 LC 13-18 Regional Championship
1:09.53	1:15.11	1:16.15 1:15.80 1:17.51 1:17.39 1:15.00 1:12.86
Caroline Palicz (11) F (Yr: MS)		
41.78L	F 0.15	50 Free 7/17/2009 2009 12/U LC Regional Championship
1:35.89L	F -0.23	100 Free 7/17/2009 2009 12/U LC Regional Championship
3:32.47L	F 7.11	200 Free 7/17/2009 2009 12/U LC Regional Championship
1:57.54L	F 0.48	100 Back 7/17/2009 2009 12/U LC Regional Championship
52.58L	F 1.52	50 Breast 7/17/2009 2009 12/U LC Regional Championship
1:53.01L	F -4.05	100 Breast 7/17/2009 2009 12/U LC Regional Championship
54.37	58.64	
Samantha Palicz (13) F (Yr: MS)		
30.65L	F -0.20	50 Free 7/17/2009 2009 LC 13-18 Regional Championship
1:14.51L	F 2.93	100 Free 7/17/2009 2009 LC 13-18 Regional Championship
2:45.83L	F 6.74	200 Free 7/17/2009 2009 LC 13-18 Regional Championship
1:26.69L	F 1.27	100 Back 7/17/2009 2009 LC 13-18 Regional Championship
3:03.33L	F -3.48	200 Back 7/17/2009 2009 LC 13-18 Regional Championship
3:10.51L	F -6.27	200 IM 7/17/2009 2009 LC 13-18 Regional Championship
1:31.10	1:39.41	
Haley Pesce (11) F		
1:20.04L	F 1.56	100 Free 7/17/2009 2009 12/U LC Regional Championship
2:53.38L	F -3.34	200 Free 7/17/2009 2009 12/U LC Regional Championship
47.53L	F -2.13	50 Breast 7/17/2009 2009 12/U LC Regional Championship
38.53L	F -0.84	50 Fly 7/17/2009 2009 12/U LC Regional Championship
1:39.25L	F -4.42	100 Fly 7/17/2009 2009 12/U LC Regional Championship
3:13.60L	F -0.58	200 IM 7/17/2009 2009 12/U LC Regional Championship
43.27	50.28	59.89 40.16
Shea Westlake (14) F (Yr: HS)		
35.43L	F 0.67	50 Free 7/17/2009 2009 LC 13-18 Regional Championship
1:18.24L	F -0.46	100 Free 7/17/2009 2009 LC 13-18 Regional Championship

Time	P/F/S	Event
Shea Westlake (14) F (Yr: HS)		
2:54.22L	F 1.15	200 Free 7/17/2009 2009 LC 13-18 Regional Championship
	1:25.49 1:28.73	
NS	F	800 Free 7/17/2009 2009 LC 13-18 Regional Championship
1:40.55L	F 1.63	100 Back 7/17/2009 2009 LC 13-18 Regional Championship
3:26.71L	F 5.90	200 IM 7/17/2009 2009 LC 13-18 Regional Championship
	1:43.69 1:43.02	
Jennifer Xiong (8) F		
1:49.64L	F -17.26	100 Free 7/17/2009 2009 12/U LC Regional Championship
	54.07 55.57	
55.14L	F -0.43	50 Back 7/17/2009 2009 12/U LC Regional Championship