

**Western CT YMCA Makos**  
**2009 LC YMCA Nationals**  
*Travel Planning Details*

**Competition Location:** University of Maryland Eppley Recreation Center  
College Park, MD

**Competition Dates:** Monday July 27 – Friday July 31

**Travel Dates:** Sunday July 26, & Saturday August 1

**Hotel Accommodations (*athletes, coaches, chaperones*):**

Quality Inn & Suites: College Park  
7200 Baltimore Ave.  
College Park, MD 20740  
(301) 276-1000

**Hotel Accommodations (*parents/families*):**

Greenbelt Marriott  
6400 Ivy Lane  
Greenbelt, MD 20770  
(301) 441-3700  
\* \$134.00 / night  
\* Confirmation #83472529

**Meet Information:** The Meet Handbook, including qualifying standards (p.12) and order of events (p.22) can be found online at [www.ymcaswimminganddiving.org](http://www.ymcaswimminganddiving.org)

**Notes:**

The changes originally communicated from the YMCA regarding the 800 Freestyle Relay events being contested on Monday evening have been changed again – the relays will be Thursday according to the original schedule. This change will allow us to change our travel to the meet back to Sunday July 26<sup>th</sup>. Considering the expansion of finals competition to include 24 athletes per event, we will still plan to travel home on Saturday August 1<sup>st</sup>. The YMCA is allowing any qualifying times achieved *after* the entry deadline of July 15<sup>th</sup> to be entered during team registration at the meet. This process will be rather cumbersome, and will be utilized only as a “last-ditch” effort. Due to the travel arrangements that encompass this years meet, and the dates of CT Championship meets, athletes participating in YNATS will not be able to participate in the Connecticut Senior or Age Group Championships, unless specific individual arrangements can be accommodated.