

Meet Results

**CDOG October Distance Meet 30-Oct-09 Yards
Western CT YMCA Mako Swim Team [WCYM-CT]**

Time	F/P/S	Relay	Place	Points	Improv
Event # 1 Female 400 IM					
5:33.99Y		F Bednar, Sarah	5	---	---
	36.02	40.56 44.48 44.82			
	46.75	47.27 37.28 36.81			
Event # 2 Male 400 IM					
4:48.69Y		F Ragatz, William	4	---	---
	29.29	34.54 37.20 38.13			
	40.79	42.29 34.19 32.26			
Event # 3 Female 200 Back					
2:40.87Y		F Contarino, Megan	1	---	---
	39.11	39.89 41.15 40.72			
Event # 4 Male 200 Back					
2:37.79Y		F Li, Michael	2	---	---
	36.89	40.93 41.34 38.63			
2:58.59Y		F Ragatz, Jeff	6	---	---
	41.16	45.76 47.08 44.59			
2:56.98Y		F Horan Iv, Tommy	---	---	---
	39.24	45.30 45.74 46.70			
Event # 7 Female 200 Breast					
3:07.36Y		F Contarino, Megan	4	---	---
	43.80	47.48 48.79 47.29			
Event # 8 Male 200 Breast					
2:53.28Y		F Li, Michael	1	---	---
	39.73	44.48 44.57 44.50			
3:30.38Y		F Horan Iv, Tommy	5	---	---
	46.70	54.86 56.27 52.55			
NS		F Ragatz, Jeff	---	---	---
Event # 9 Female 1000 Free					
11:44.17Y		F Regan, Courtney	5	---	---
	32.28	34.64 35.83 36.63			
	35.56	36.51 35.48 35.56			
	35.59	35.95 35.44 35.82			
	35.58	34.64 35.81 34.28			
	34.98	35.65 34.36 33.58			
12:13.73Y		F Montanaro, Heather	13	---	---
	31.67	34.41 35.60 36.04			
	36.38	37.08 37.41 37.60			
	37.13	37.11 37.41 37.27			
	37.41	37.42 37.21 37.20			
	37.26	38.04 37.86 36.22			
12:22.12Y		F Egbert, Hannah	16	---	-43.44
	33.23	36.75 36.95 37.14			
	37.18	37.14 37.27 37.51			
	37.45	37.31 37.67 37.61			
	37.68	37.78 38.37 37.86			
	37.22	37.55 36.35 36.10			

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Time	F/P/S	Relay	Place	Points	Improv
12:44.40Y		F Bednar, Sarah	23	---	---
	32.83	35.74 37.15 37.66			
	38.18	38.42 38.58 38.75			
	38.62	38.80 39.22 38.99			
	38.88	39.14 39.35 39.09			
	39.23	39.10 38.85 37.82			
Event # 10 Male 1000 Free					
10:27.73Y		F LaDelfa, Mike	1	---	-21.42
	28.08	30.92 31.29 31.75			
	31.35	31.91 31.72 31.52			
	31.49	31.76 31.77 32.07			
	31.82	31.56 31.74 31.82			
	32.08	31.43 31.58 30.07			
10:39.19Y		F Bieber, Alex	4	---	-58.12
	28.05	30.97 31.56 31.67			
	32.34	31.73 32.34 32.41			
	32.52	32.24 32.42 32.67			
	32.82	32.42 32.92 32.87			
	32.29	32.07 32.11 30.77			
10:56.97Y		F Donnelly, Conor	7	---	---
	29.54	33.00 33.69 33.59			
	33.94	34.12 33.84 33.92			
	33.35	33.40 32.74 33.01			
	32.74	32.86 32.91 32.31			
	32.51	32.57 31.92 31.01			
11:01.43Y		F Miller, Nick	9	---	-51.32
	29.52	32.60 33.58 32.70			
	32.54	33.25 33.15 33.56			
	33.31	33.54 33.55 33.09			
	33.60	33.33 33.72 33.70			
	33.62	33.58 32.91 32.58			
11:02.17Y		F Buderwitz, Joe	10	---	-7.86
	29.32	32.43 33.85 33.29			
	33.58	33.68 33.51 33.87			
	33.54	33.23 33.16 33.88			
	33.71	32.98 33.29 33.64			
	33.76	33.21 33.22 31.02			
11:04.01Y		F Collins, Conor	11	---	---
	29.11	33.11 33.41 33.73			
	33.66	34.49 33.85 34.04			
	33.86	34.00 32.78 33.44			
	33.36	33.38 33.38 33.50			
	33.45	33.51 32.80 31.15			
11:09.81Y		F Ragatz, William	14	---	---
	28.59	31.83 32.86 33.09			
	33.01	33.54 33.43 33.66			
	33.34	33.95 34.70 34.10			
	34.21	34.61 34.57 34.65			
	34.54	34.58 34.05 32.50			

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11:11.43Y	F	Iassogna, Matt	16	---	-28.74
	30.67	33.50	33.69	34.05	
	33.75	33.58	34.40	34.12	
	34.46	34.57	33.54	34.22	
	34.03	33.77	33.84	33.42	
	33.55	33.13	33.30	31.84	
11:16.38Y	F	Delia, George	21	---	-42.41
	30.28	32.92	33.41	33.71	
	33.89	34.85	33.72	33.90	
	34.33	34.49	34.90	33.92	
	34.25	34.06	33.88	34.63	
	34.20	34.45	34.25	32.34	
11:28.14Y	F	Hufziger, Dan	24	---	---
	29.57	32.56	33.39	34.43	
	34.84	34.49	34.79	36.03	
	35.04	35.55	35.85	35.60	
	34.58	35.74	35.60	35.05	
	34.67	34.98	33.88	31.50	
11:41.79Y	F	Huffman, Richard	29	---	---
	30.85	34.47	36.50	35.84	
	36.05	35.86	36.36	35.55	
	35.79	35.37	35.87	35.12	
	35.17	36.30	34.73	35.44	
	34.41	34.68	34.57	32.86	
12:06.56Y	F	Harrison, Adam	33	---	---
	31.42	36.57	37.32	37.30	
	36.39	37.68	36.87	36.50	
	36.42	36.99	36.71	37.21	
	37.15	37.09	36.68	35.52	
	36.54	35.94	36.36	33.90	